Anklam Extrakt combines high quality extracts with extraordinary service. We are pleased to present our new product concept: a ready-to-sell film-coated tablet containing our premium green oat herb extract.

Green Oat Herb Tablet (Film-Coated)

The term “Avena sativa L., herba” refers to the aerial parts of the plant just before flowering. The herb is harvested in a green, premature state and is rapidly dried thereafter.

Extract details
Green oat herb powdered extract:
Avena sativa e herb extr spir sicc - 00-115-0178-00
DER native: 4 - 6 : 1
Extraction solvent: ethanol 30% (w/w)
70 % native extract

Dosage
600 mg green oat herb extract per tablet

Regulatory status
Food supplement
Traditional herbal medicinal product registration file on request

Recommended intake
1 tablet, 1 time daily for adolescents over 12 years of age, adults and elderly. The use is not recommended in children under 12 years of age. (Source and calculation on basis of HMPC monograph)

Indication
Traditional herbal medicinal product for relief of mild symptoms of mental stress and to aid sleep. (Source: HMPC monograph)
Used plant material

Oat (Avena sativa) is a species from the genus Avena within the Poaceae family. It is an annual herbaceous plant whose height can reach 0.6 to 1.5 metres (2 to 4.9 feet). Botanically, green oat is a meadow grass. Due to its low demands on soil oat can be cultivated anywhere with a moderate climate, even with high precipitation. It is grown in low mountain ranges, the Alpine foothills and in coastal regions. The blooming period is June to August and harvesting for agricultural use starts in mid-August. In Central Europe, Avena enjoys a growing popularity.

Literature