



# COGNITAVEN® THE NATURAL INGREDIENT PROVIDING COGNITIVE PERFORMANCE



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Dear Reader,

Cognitive performance and stress coping behaviour are among the key factors for keeping pace with today's increasing challenges. Both in a professional and private context, the requirements are rising.

As more and more people are searching for a natural support for their cognitive performance, Anklam Extrakt® investigated the effects of the branded ingredient cognitaven® in a clinical study.

## NEW CLINICAL TRIAL

The clinical study was recently published in the well-known journal *Nutrients* and demonstrated that cognitaven® intake improved cognitive function. Remarkably, both acute and chronic intake of cognitaven® resulted in a significant improvement in multitasking settings mirroring the cognitive demands of numerous everyday situations.

	DAY 1 = acute intake	DAY 29 = chronic intake
PHYSIOLOGICAL STRESS RESPONSE	x	
WORKING MEMORY		
MULTITASKING		

= significant

GET ACCESS TO THE PUBLICATION



## FACTS ABOUT COGNITAVEN®

- cognitaven® is a green oat extract with an analytical marker ensuring a **consistent quality** of the product. Contract farming of the oat plant guarantees a sustainable supply chain.
- cognitaven® is manufactured **exclusively by Anklam Extrakt GmbH** in a German production plant under strict GMP conditions.
- cognitaven® is certified **Kosher** and **Halal**.



### LEGAL NOTICE

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